

# Peer Advising Program – Mental Health Peer Advisor

**PEER ADVISOR PROGRAM PERIOD:** September 3<sup>rd</sup>, 2024 - April 30<sup>th</sup> 2025

## **REMUNERATION:**

It is expected that Mental Health Peer Advisors will work approximately 50-60 hours throughout the academic year. This position is officially recognized on the University of Toronto Co-Curricular Record.

## **POSITION SUMMARY**

Trinity College Mental Health Peer Advisors are upper-year Trinity College students who provide guidance and support to their peers throughout the Fall/Winter academic year. They are responsible for helping to serve as a bridge between the student body and mental health services and supports in the College and University of Toronto community.

## **EXPECTATIONS**

- Be a Trinity College student in good standing throughout the term of appointment;
- Attend mandatory trainings outlined below;
- Provide guidance to peers about mental health services and supports available at Trinity College and the University of Toronto;
- Act as a resource for Student Services during health and wellness programming and initiatives;
- Support and attend Don, CA, Office of the Dean of Students and student programming pertaining to health and wellness;
- Attend regular meetings with Mental Health Peer Advisor team.

## **MANDATORY TRAININGS**

- Attend safeTALK training (offered in the Fall 2024);
- Attend position specific training dates TBD;
- Attend Mentorship Foundations Training offered by Student Life, Mentorship and Peer Programs
- Complete online Identify, Assist, and Refer training offered by Health and Wellness;
- Complete online Sexual Violence Education and Prevention training offered by the University of Toronto.

## **STATEMENT OF UNDERSTANDING**

As Trinity College Mental Health Peer Advisors act as ambassadors for the College, they are expected to adhere to all non-Academic Policies of the College and University of Toronto, including, but not limited to; the *Trinity College Community Standards* and the *University of Toronto Code of Student Conduct*. Trinity College Mental Health Peer Advisors are expected to abide by the terms of their contract and must acknowledge that they have read their job description. By applying for the Mental Health Peer Advisor position, applicants acknowledge that the Office of the Dean of Students will be reviewing their academic history to determine suitability for appointment to this mentorship position.

**HOW TO APPLY:** You can apply by completing the following MS Form: <https://forms.office.com/r/81nuCh71XM> . Please note that you will be required to upload the following documents on the form:

1. Resume
2. Cover letter (1 page maximum)
3. Transcript (off Degree Explorer is fine)

Your cover letter should include why you are a suitable candidate to be a Mental Health Peer Advisor, and how you are involved in the Trinity College community and/or communities outside of Trinity College.

**APPLICATION DEADLINE:**

All applications must be submitted no later than 9:00 am on April 22<sup>nd</sup>, 2024.

Please e-mail Jean Thompson ([jean.thompson@utoronto.ca](mailto:jean.thompson@utoronto.ca)) with any questions or concerns.