

Work Study Position – Fall/Winter 2026-2027– Office of the Dean of Students

HEALTH PROMOTION ASSISTANT

Job ID: 265986

Office of the Dean of Students

University of Toronto - Trinity College

DEPARTMENT/UNIT:

The Office of the Dean of Students oversees the non-academic aspects of student life at Trinity College, with a mission to foster belonging, personal growth, and academic success. The Health Promotion Assistant is a vital member of the Wellness team, contributing to student engagement and wellness initiatives across the College.

POSITION SUMMARY:

Supervised by the Director, Community Wellness, the Health Promotion Assistant supports campus health and wellness initiatives through peer education, outreach, and program support. This role is designed to provide meaningful experience for students interested in public health, health promotion, health education, or related fields.

The Health Promotion Assistant is a Work Study position designed to provide University of Toronto students with paid, on-campus employment that supports academic and career development. In alignment with the UofT Work Study Program, this role offers hands-on experience in health promotion, peer education, and wellness programming while helping students develop transferable professional skills.

Key Responsibilities

- Assist with planning and delivering health promotion and wellness programs for Trinity College students and residents
- Assist with the creation of specific health education for priority groups including, international students, first year students, residence students, and BIPOC students
- Support outreach initiatives, including tabling events, workshops, and awareness campaigns
- Serve as a peer resource by sharing accurate health information and referrals
- Assist with the creation of health education materials (flyers, posters, social media content)
- Support data collection, surveys, and basic program evaluation activities
- Help with event set-up and take-down
- Attend training sessions, meetings, and supervision check-ins
- Represent the department in a professional, inclusive, and student-centered manner

Student Learning and Development Opportunities

- Develop and articulate workplace competencies in wellness programming, health promotion, communications, and leadership
- Build self-awareness and professional networks through team-based work, campus collaboration, and mentorship
- Connect academic studies to practical roles, particularly in health promotion, psychology, community engagement, or education
- Reflect on career goals and translate co-curricular experience into future opportunities

QUALIFICATIONS:

- Must be eligible for the University of Toronto Work Study Program
- Current U of T student in good academic standing (returning students preferred)
- Interest in student wellness, peer support, and health promotion
- Strong interpersonal and communication skills
- Approachable, reliable, and professional
- Ability to work some evenings or weekends during orientation periods
- Basic computer, organizational, and time-management skills
- Previous campus involvement or leadership experience is an asset

RELEVANT COMPETENCIES:

- Collaboration
- Communication and Media
- Fostering Inclusivity and Equity
- Health promotion
- Leadership
- Personal Health and Wellness

NUMBER OF VACANCIES: 3

APPLICATION DEADLINE: August 12th 2026 at 9:00 am

APPLICATION METHOD: Work-Study applications are collected through the Career Learning Network Application module.

START DATE: September 8st, 2026

END DATE: March 27th, 2027

HOURS PER WEEK: 9-12 Hours Per Week (up to 100 hours total)

REMUNERATION: Ontario minimum wage

Please visit the [University of Toronto's Work-Study website](#) for more information including eligibility.

We would like to thank all applicants for their interest, however, due to the anticipated volume of applications, only those selected for an interview will be contacted.